
Pick three priorities and give each a time block.

Problem	Answer	Problem	Answer
1. Priority 1 — block		4. Appointments to remember	
2. Priority 2 — block		5. Exercise sessions	
3. Priority 3 — block		6. Protected rest time	

Notes

Answer key — Weekly priorities and time blocks

#	Problem	Answer
1	Priority 1 — block	
2	Priority 2 — block	
3	Priority 3 — block	
4	Appointments to remember	
5	Exercise sessions	
6	Protected rest time	

Notes